

Major Clarity

Recommitment Month

TASKS

- ★ Add content to your Academic Career Plan
- ★ Complete a *Learning Styles Assessment*
- ★ Identify study strategies which complement your preferred learning style
- ★ Set goals you wish to achieve this summer

Learning Styles Assessment

1. Login to your MajorClarity account and click **“Edit your profile”**.

2. Scroll down to the 25-question ***Learning Styles Assessment*** and begin the test.

*Click **“Reset assessment”** if you have taken it previously.

Once complete, record your assessment results in the table on your worksheet.

| Learning Profile | Score | Summary of preferred learning style |
|--------------------------------|----------|-------------------------------------|
| Kinesthetic Combination | % | |
| Visual Numerical | % | |
| Visual Linguistic | % | |
| Auditory Linguistic | % | |
| Auditory Numerical | % | |

ASSESSMENT RESULTS

- ★ Click the **circle “i” icon** next to each learning style title to learn more about the profile.
- ★ Summarize the **learning style profile** for which you ***earned the highest score.***
- ★ Write your summary in the far right column of the results table on your worksheet.

STUDY STRATEGIES

- ★ Let's review key study strategies for each learning style profile.
- ★ Record 2-3 tips on your worksheet that may improve studying and learning habits for students who share your learning style.



Auditory Linguistic

Suggested learning strategies include...

- Learning new information auditorily
- Engaging in group discussions
- Listening to audiobooks, podcasts, and recorded speeches that can be replayed
- Discussing new concepts with a partner or teacher
- Using games, group activities, and interactive tools to apply new skills



Auditory Numerical

Suggested learning strategies include...

- Discussing concepts with others
- Learning new material in song form
- Reading written content aloud
- Reading math problems aloud
- Explaining or presenting content to a partner or in a small group setting
- Reciting important facts and numbers
- Asking and answering questions aloud



Visual Linguistic

Suggested learning strategies include...

- Taking notes on information that is presented orally
- Using maps, charts, flashcards & pictures when learning new concepts
- Highlighting & color-marking
- Using graphic organizers, formula sheets, rubrics, & word lists
- Working independently



Visual Numerical

Suggested learning strategies include...

- Presenting math content visually
- Using worksheets, workbooks, and charts
- Printing hard-copy versions of online and verbal learning activities
- Researching new material independently to form ideas about how concepts are applied in various situations.



Kinesthetic Combo

Suggested learning strategies include...

- Writing out checklists of concepts to be learned or materials to look for
- Tracing words and diagrams on paper
- Using a combination of stimuli to
- Working collaboratively
- Dramatizing learning with role-playing and other types of body movement
- Hands-on, exploratory learning

Summer Goal Planning

Fill in the **Summer Goal Planning** graphic organizer to set goals for the summer.



For each target goal, include the following:

- Purpose of the goal
- Steps of action
- Needed resources & materials

Summer Goal Planning

Commit to making changes in three areas of your life.

Consider the following:

- Personal & professional relationships
Finances
- Community & cultural involvement
- Training & certifications
- Emotional & physical wellness



Academic + Career Plan

Use your remaining activity time to review, update, and expand content in your *Academic Career Plan*. Follow the steps on your student worksheet to navigate the “My Career Plan”.

For a detailed guide to building your ACP document, check out the MajorClarity *Academic + Career Planning Lesson and Student Guide* at resource.majorclarity.com.



This concludes our lesson.

Thank you for partnering with us!

